

# The flamboyant *Delonix regia*(Gulmohar) - A review

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## Abstract

Medicinal plants have been of age long remedies for human diseases since they contain valuable components. In india indigenous herbal remedies such as Ayurveda and other indian traditional medicine since ancient times had used plants in treatment of various diseases. *Delonix regia*, a well known plant with high medicinal value reported to have a number of biological activities including antioxidant, antibacterial, antimicrobial antipyretic and anti inflammatory and nutritional properties in all over world. Seeds of Gulmohar possess insecticidal and Anti- bacterial properties. it is used in illuminating and pharmaceutical preparations, fertilizer. The seed is carminative, purifies and enriches the blood and is used in cases of inflammation, ear ache and chest complaint.

**Key Word:** pharmaceutical preparations, fertilizer, anti bacterial, Anti microbial, Antinflammatory.

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## Botanical Description

Gulmohar is an ornamental flowering tree. The tree grows to a height of about 20-25 feet, stems are woody, erect or ascending and decumbent. Sometimes, roots close to the trunk are exposed to provide additional support to the trunk. These are called “buttresses”. The tree has a clear bole of with smooth pale grey bark. A characteristics feature is that there are cracks or folds in the bark, especially where the branches fork out. It looks like a elephant skin. Seeds: seeds are olive brown or black in colour, slightly elongated to rod-shaped smooth with hard seed coats and streaks. They are neatly arranged linearly within the fruit approx 2 cm. broad. Fruit- Fruit is legume, stipulate, unilocular, elongate and ablong. In maturation fruit splits into 2 parts. Fruit is approximately 30-75 cm long, 3.8 cm thick and 5-7.6 cm broad. Flower Flower is actinomorphic or somewhat irregular slightly fragrant, calyx is 5 lobed. Sepals are thick reddish with yellow border with in and green outsides. There are five petals. The species is thought to be pollinated by sunbirds. There are ten stamens surrounding the pistils. stamens are completely free, separate and filaments are hairy, villous and red or pink in colour. Leaves Leaves are bipinnate, slightly hairy, alternate light green and 20-60cm. long leaves are compound and feather-like. Each leaf is made of between 10 and 25 pairs of pinnae, with each pinnae having 16-30 oppositely arranged leaflets. A mature leaf could have between 1500-2500 leaflets.

## Phytoconstituents

## INTRODUCTION

Gulmohar is well known for its nutritional and medicinal properties and regarded as one of the most beautiful tropical trees in the world. The Gulmohar grows well in the tropical and sub tropical areas of the world. It prefers the sun and does not like shade and doesn't grow well in shaded areas. The tree is an evergreen deciduous. Although the gulmohar has all but disappeared in the wild in its original home in Madagascar. This plant is well known for the comfortable shadow it provides with the help of its feathery foliage. In india it is planted along road sides and gardens especially in the warmer parts.

### Botanical Classification

Kingdom:-Plantae Pylum:-Tracheophyta Class:-

Spermatopsida Order:-Fabales Family:-Leguminosae

Genus:-*Delonix*

Species:-*regia*(hook)raf. Botanical name:-

*Delonix regia*(hook)raf.

Phytochemical screening yielded. Sterols, phenolic compounds triterpenoids and flavonoids. Flowers yielded saponins, flavonoids, carotenoids, tannins, steroids, alkaloids, and AY-sito sterol. Bark yield AY-Sistosterol. Carotene, hydrocarbons, Phytotoxins, Saponins, Alkaloids and flavonoids. Stem bark yielded four triterpenes. AY-sistosterol, Stigmasterol, lupeol, epilupeol and an aromatic, Compound P-methoxybezaldehyde. Leaves yield AY-sistosterol and lupeol.

#### Pharmacological profile

Anti-diabetic activity Anti-bacterial activity Anti – diarrheal activity Hepatoprotective/cytotoxic property Anti-microbial activity Anti-Inflammatory activity Antioxidant Antidiabetic Carminative Antipyretic Gulmohar leaf is used in folk medicine of Bangladesh for the treatment of diabetes, but so far no scientific studies appear to have been done to confirm this use in traditional medicine. It appears that the seed purifies and enriches blood and is used in cases of inflammation, ear, ache and chest complaints. The oil appears to possess insecticidal and anti-bacterial properties. Leaves and flowers of this plant may be edible seeing fondness of cows and other animals for them however this use of the tree needs to be explored and verified further.

#### Chemical constituent

Fractionation of the 95% ethanolic extract of the leaves of *Delonix regia* (Hook) Raf led to the isolation of three sterols and its glucoside namely, Stigmastadiol-3-O-glucoside, (Soltam *et al.* 2002) 12,15-Dihydroxy-cholesterol-8-en-24-oic-acid-3-oxy-6'-acetyl-glucoside and sodium,

potassium Adduct of 12,15- Dihydroxy-5-cholesterol-9-en-24-oic-acid-3-oxy-rhamnosyl-rhamnoside, one flavonol, namely, Kaempferol (Gangwal *et al.* 2010).

#### Importance:

The heartwood is yellowish to light brown and the sapwood is light yellow. It is durable and resistant to water. Gum or resin is used in textile and food industries. The gum obtained from the dried seed is used as a binder in the manufacture of tablets. Large pods are used for fuel. Flowers are used to produce bee forage and natural dye. Oil known as “karanga” or “pangam” used in tanning industries. The oil also finds use in soap making illuminating and pharmaceutical preparations. The oil cake is a fertilizer. The seed cake can also be used in poultry rations to substitute black til component. It is host for lac insect. It is a good tree to control soil erosion in the semi-arid and arid areas.

#### CONCLUSION

Gulmohar is an ornamental plant in all over world widely planted in the subtropics and tropics area. Its parts are used as a traditional medicine. Although this needs to be researched further, the oil is likely to be a good bio-fuel too. Gulmohar has shown many medicinal properties like Anti-diabetic activity. Anti microbial activity etc. Gulmohar also has economic importance. One impediment towards modern research is what appears to be the abominable practice of modern research. However this use of the tree needs to be explored and verified further.

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