

Title of the article: Orbital cysticercosis presenting as proptosis.

Abstract:Orbital cysticercosis is a less common presentation of cysticercal infestation. Diagnosis is primarily by CT and MRI investigations. High resolution ultrasound is rarely used in the diagnosis . Patients can be managed conservatively with antihelminths and steroids.We present the case of a 10 year old girl presenting with proptosis of left eye and was diagnosed as extraocular orbital cysticercosis involving the inferior rectus muscle on high-resolution ultrasound and managed conservatively with antihelminths.

Key-words:Orbital cysticercosis,inferior rectus muscle,high resolution ultrasound.

Introduction:

Cysticercosis in humans is infection by the larval form of the pork tapeworm *Taenia solium*. The location of cysts in order of frequency is the central nervous system, subcutaneous tissue and striated muscle, vitreous humour of the eye and, rarely, other tissues. Orbital cysticercosis is a less common presentation and high resolution ultrasound can help in clinching the diagnosis and avoid unnecessary interventions. We describe a rare ultrasound diagnosis of isolated orbital cysticercosis involving the inferior rectus muscle of left eye, diagnosed with ultrasound and managed conservatively.

Case History:

A 10 year old girl was referred to the Radiology department for orbital ultrasound to evaluate her left eye proptosis .Proptosis was present since one month and was gradually increasing. On examination, there was restriction of eye movements. Systemic examination of the patient was normal and there was no other abnormality. Haematological findings were normal. On high resolution ultrasound there was a well-defined cystic lesion measuring 15 x 8mm containing a small echogenic nidus (Figure 1) noted in the region of inferior rectus muscle. Because of this characteristic appearance on ultrasound examination, a diagnosis of intramuscular cysticercosis involving the inferior rectus muscle was made. The patient was managed conservatively and prescribed albendazole 400mg tablets twice daily for 15 days along with tapered dose of steroids. After 15 days of conservative treatment, the lesion showed resolution and the patient appeared well.

Discussion:

Cysticercosis is an infection with the larval stage of *Taenia solium*. It is seen as cysts in various human tissues, more commonly in the brain and the orbit. It is endemic in most parts of Asia and is transmitted by the fecal-oral route^[1].

Humans normally act as definitive hosts. Humans can occasionally be intermediate hosts. It is transmitted to humans by ingestion of eggs from contaminated water or food, such as vegetables^[2]. The eggs hatch in the small intestine releasing oncospheres that penetrate the bowel mucosa and enter the bloodstream to reach various tissues, where they develop to form a cysticercus cellulosae, which is the encysted larval form of *Taenia Solium*. These can remain viable in this stage for as long as 10 years in humans. Living larvae evade immune recognition and do not elicit inflammation. When the larva dies, it induces a vigorous granulomatous inflammatory response that may produce symptoms, depending on the anatomic location^[3].

Cysticercosis is the most common parasitic disease of the central nervous system worldwide, but isolated orbital cysticercosis has been reported much less frequently. Extraocular cysticercosis represents most common type of ocular cysticercosis. In the ocular form, favoured sites are vitreous and subretinal space. Symptoms may include periorbital pain, ptosis, restricted ocular movements and light flashes. Diagnosis of ocular cysticercosis is usually made by direct ophthalmic demonstration of larval form. USG, CT and MRI are other modalities used in the diagnosis. However MRI is the best modality for diagnosing intraocular cysticercosis. Medical treatment is known to cause severe intraocular complications which may lead to blindness. Hence it is of paramount importance to diagnose the location of orbital cysticercosis. Extraocular form of orbital cysticercosis can be medically managed^[4].

In conclusion, high-resolution ultrasound, being non-invasive and non-ionizing, plays an important adjuvant role in establishing the diagnosis in patients with orbital cysticercosis^[5].

References:

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